



Keeping an Eye on the Time:

Fundamental Research to New Therapeutics

Professor Russell G. Foster CBE, FRSB, FMedSci, FRS

The Master and Wardens are delighted to invite you to the inaugural Spectacle Makers' Lecture. See the world through the eyes of experts.

Monday 5th December 2022

Doors open: 6pm

Lecture: 6.30-7.30pm

Reception: 7.30-8.30pm

Location

The Kohn Centre at The Royal Society
6-9 Carlton House Terrace
London SW1Y 5AG

Booking opens Monday 7 November 2022.

More info at:

[The Spectacle Makers' Lecture - The Worshipful Company of Spectacle Makers](#)

Professor Russell Foster is world-renowned in the field of circadian biology, a regular voice on TV and radio, and the author of the best-seller "Life Time: The new science of the body clock and how it can revolutionize your sleep and health."

As Head of Oxford University's Nuffield Laboratory of Ophthalmology and founder of the Sleep and Circadian Research Institute, he has published over 290 scientific papers, won multiple international prizes and in 2015 was awarded the CBE for his services to Science. His research has made thrilling new discoveries about the inter-relationships between circadian rhythms, sleep, light and vision.

This lecture, the first in what will become an annual series, is designed to bring the latest scientific discoveries in vision to the attention of a wide audience. There will be an opportunity to ask questions both in the lecture hall and afterwards, during the reception.

We look forward to meeting you.

